

Mess Menu For 1st Week

Day	Breakfast	Lunch	Salad	Desert & Fruits
Monday	Cornflakes With Milk , Chow Chow Bath, Green Chutney	Plain Rice, Corn Fried Rice, Bagara Baingan, Radish Sambar, Mixed Veg Chutney, Raitha	Sliced Cucumber Salad	Banana
Tuesday	Idly, Coconut Chutney, Sambar , Gun Powder	Plain Rice , Butter Roti, Green Moong Dal, Pepper Tomato Rasam, Cabbage Poriyal, Coriander Chutney, Curd	Carrot Salad	Semiya Saggubiyyam Payasam
Wednesday	Sandwich(Jam Tomato & Onion) Katte Pongali , Chutney	Plain Rice, Roti, Capsicum Baby Corn Masala, Sambar, Majjiga Pulusu , Dosakaya Mukkala Chutney	Mixed Sprouts Salad	Papaya
Thursday	Dosa, Peanut Chutney, Sambar	Plain Rice, Jeera Rice, Veg Chatpata , Mix Veg Sambar, Cabbage Chutney, Curd,	Corn Bell pepper Salad	Fruit Salad
Friday	Vada With Ginger Chutney, Sambar	Plain Rice,Plak Roti, Dal Tadhaka, Carrot Beans Poriyal,Coriander Rasam, Dondakaya Chutney, Curd	Assorted Vegetable Salad	Water Melon
Saturday	Puffed Rice ,Tomato Bath, Coconut Chutney	Plain Rice, Peas Pulao, Mix Veg Kurma, Pumpkin Sambar, Chutney, Raitha	Aloo Chana Salad	Banana

Mess Menu For 2nd Week

Day	Breakfast	Lunch	Salad	Desert& Fruits
Monday	Chocos With Milk, Broken Wheat Upma, Tomato Chutney	Plain Rice, Mixed Veg Noodles, Veg Manchuria Wet , Kaddu Sambar,Papad, Curd Rice, Pickle	Cucumber Salad	Banana
Tuesday	Vegetable Idli, Palli Chutney, Sambar	Plain Rice,Methi Roti, Beerakaiya Pappu, Aloo Dum Fry, Pepper Rasam, Coriander Chutney, Curd	Kimchi Salad	Rava Kesari
Wednesday	Poori with Chole Masala	Plain Rice, , Avakai Biryani, Dal, Cauliflower with Green Peas, Tomato Chutney, Mixed Raitha,	Beet Root Salad	Pineapple Slice
Thursday	Bread & Jam, Coleslaw, Tomato Bath, Coconut Chutney	Plain Rice, Ghee Roti, Veg Malai Kofta, Pappucharu, Brinjal Chutney, Curd	Sprouts Salad	Banana
Friday	Uttapam, Groundnut Chutney , Sambar	Plain Rice, Mixed Veg Rice, Baby Tomato Curry , Dondakai Chutney, Leaf Dal, Majjiga Pulusu	Green Salad	Papaya
Saturday	Vermicelli Upma , Veg Pongal, Coconut Chutney	Plain Rice, Roti, Mango Dal, Bhindi Do Pyaza , Pachi Pulusu, Mix Veg Chutney, Curd	Carrot Salad	Rice Kheer

Mess Menu For 3rd Week

Day	Breakfast	Lunch	Salad	Desert & Fruits
Monday	Cornflakes With Milk , Murmur, Tomato Chutney	Plain Rice, Veg Manchuriyan Fried Rice, Hot Garlic Sauce , Veg Sambar, Sorakaya Chutney, Raitha	Veg Protein Salad	Water Melon
Tuesday	Idly, Coconut Chutney, Sambar, Pallikaram	Plain Rice, Butter Roti, Plak Dal, Carrot Green Peas Poriyal, Rasam, Dosakai Chutney, Curd	Macaroni & Capsicum Salad	Banana
Wednesday	Sandwich (Jam,Coleslaw), Veg Upma, Coconut Chutney	Plain Rice, Roti, Paneer Butter Masala, Bhindi Sambar, Brinjal Chutney, Curd	Green Salad	South India Rava Kesari
Thursday	Dosa, Groundnut Chutney, Sambar	Plain Rice, Hyderabad Dum Biryani , Mirchi Ka Salan, Pumpkin Sambar, Veg Chutney, Papad, Raitha	Three Peas Salad,(Green Peas, Pea Nut, Kabuli Chana Chat)	Fruit Chat
Friday	Poha, Pongal , Coconut Chutney	Plain Rice, Palak Roti, Ghee Dal Tadka, Dondakai fry , Majjiga Pulusu, Andhra Gongura Chutney, Curd	Cucumber Salad	Pineapple With Pomegranate Seeds
Saturday	Vada, Ginger Chutney, Sambar	Plain Rice, Plak Rice, Aloo Peas Kurma, Sambar, Turai Chutney, Curd	Beet Root Salad	Banana

Mess Menu For 4th Week

Day	Breakfast	Lunch	Salad	Desert & Fruits
Monday	Chocos With Milk, Chow Chow Bath, Coconut Chutney	Plain Rice, Veg Schezwan Noodles Bell Pepper With Hot Garlic Sauce, Rajma Dal, Radish Sambar, Tomato Chutney, Curd	Beetroot Salad	Papaya
Tuesday	Set Dosa with Peanut Chetney, Sambar	Plain Rice, Roti, Veg Kolapuri, Dosakai Sambar, Dondakai Chutney, Curd	Julin Mixed Salad	Double Ka Meetha
Wednesday	Carrot Idli, Coconut Chutney, Sambar, Gun Powder	Plain Rice, Pav Bajji, Veg Curry, Drumstick Sambar, Chutney, Curd Rice With Pomegranate Seeds	Sports	Banana
Thursday	Sandwich (Butter Jam, Tomato & Cucumber With Mayo) Tomato Bhat, Coconut Chutney	Plain Rice, Butter Roti, Aloo Gobi Fry, South India Tomato Dal, Pineapple Rasam, Veg Chutney, Curd	Kosambari Salad	Fruit Salad with Custard
Friday	Vada With Ginger Chutney, Sambar	Plain Rice, Roti, Soya Chinks Curry, South India Special Sambar, Coriander Tomato Chutney, Curd	Vegetable Salad with Chat Masala	Watermelon
Saturday	Vegetable Upma, Murmura, Tomato Chutney	Plain Rice, South India Tomato Rice, Donda Masala, Carrot Sambar, Boondi Raitha	Cucumber Salad	Banana

Mess Menu For 5th Week

Day	Breakfast	Lunch	Salad	Desert & Fruits
Monday	Cornflakes with Milk , Poha, Coconut Chutney	Plain Rice, Schezwan fried Rice, Veg Hot Garlic Sauce, Bottle Gourd Sambar, Turai Chutney, Raitha	Sliced Cucumber	Watermelon
Tuesday	Vegetable Idli, Coconut Chutney, Sambar	Plain Rice, Roti, Plak Paneer, Pappucharu, Tomato Chutney, Curd	Veg Tossed Salad	Fruit Custard
Wednesday	Poori With Chole Masala	Plain Rice, Gobi Rice, Mixed Veg Kurma, Dosaka Chutney, Radish Sambar, Raitha	Grated Carrot Curd Salad	Gulab Jamun
Thursday	Vegetable Sandwich, Wheat Rawa Upma, Tomato Chutney	Plain Rice, Beetroot Roti, Rajma Dal, Cabbage Pokada, Rasam, Mint Chutney, Curd	Sweet Corn With Bell Pepper Salad	Papaya
Friday	Dosa, Groundunt Chutney, Sambar	Plain Rice, Kashmiri Pulao , Kofta Curry, Sambar, Gongura Pickle, Curd	Kimchi Salad	Banana
Saturday	Ghee Pongal , Murmura, Palli Chutney	Plain Rice, Roti, Dosakai Dal, Bhindi Fry , Rasam, Beet Root Chutney Majjiga Pulusu	Aloo Chana Chat Salad	Pineapple Rava Kesari